



Volunteers of America®

GREATER BATON ROUGE

2119 Oak Park Blvd. ♦ P.O. Box 4110 ♦ Lake Charles, LA 70606

Monday – Friday, 8 am – 4:30 pm

Resource Guide accurate as of 4/1/2017 and subject to change without notice.

Published by Volunteers of America in Southwest Louisiana (337) 497-0034.

Volunteers of America Services

Adoptions

(337) 497-0034 in Lake Charles or 1-877-291-6807 (24-Hour phone line) Fax: (337) 497-0229

- Opportunities for families to adopt newborn infants.
- Licensed agency home studies for domestic or international adoptions – flexible scheduling.

Child Care Resource and Referral Services

(337) 704-2838 Fax: (337) 704-2847

- Services in Allen, Beauregard, Cameron, Calcasieu, Jeff Davis, Evangeline, St. Landry, Acadia, Vermilion, St. Martin, St. Mary, Iberia, Vernon, Rapides and Avoyelles parishes include child care provider group training along with on-site individualized supports.
- Assists parents with finding child care

CHOICES Day Program

(337) 497-0034 Fax: (337) 497-0229

- For adults with a mental illness diagnosis who want to enhance their ability to manage their illness in their daily living.
- Free daily lunches provided.
- Call to schedule an intake assessment.
- Tuesday – Friday from 9 am to 2 pm.

Comprehensive Mental Health Support Services

(337) 497-0034 Fax: (337) 497-0229 (Main Office – 2119 Oak Park Blvd., Lake Charles)

- Provides psychosocial skills groups and case management for adults who are experiencing mild to moderate deterioration in daily living skills and social functioning due to a mental illness. Also provides individual services in the community.
- Case management community based services are also available for children and youth, ages 6 – 21 who currently have Medicaid and are receiving behavioral health services.

Crisis Housing

(337) 497-0034 Fax: (337) 497-0229

- Transitional housing within an apartment complex that provides supportive services to homeless adults who have a mental illness.

Drop-In, Outreach and Referral Services

(337) 497-0034 Fax (337) 497-0229

- Provides screening and temporary support for walk-ins in order to refer them to appropriate resources in the community with an emphasis on assisting people with mental health needs.

Housing (HUD subsidized apartments)

(337) 497-0034 Fax: (337) 497-0229

- Elton Place in Elton, a subsidized housing complex for low-income elderly people, age 62 and over who are still capable of independent living.
- Lake Villa Apartments in Lake Charles, a subsidized apartment complex for low-income adults with a mental illness capable of independent living.
- Oberlin Manor Apartments in Oberlin, a subsidized apartment complex for low-income adults with a mental illness capable of independent living.

Journey's Rest

(337) 497-0034 Fax: (337) 497-0229

- 24-hour observation and support that assists adults in crisis until stabilized and linked with other supports.

Parenting Education Classes & Interagency Service Coordination

(337) 497-0034 Fax: (337) 497-0229

- Common Sense Parenting Curriculum with free classes to families with a child or adult receiving services through OBH or some private agencies. Sliding scale fee for others.
- Childcare available and refreshments provided. Call to RSVP.
- Interagency Service Coordination provides assistance to families in staying together and keeping children in school.

Permanent Supportive Housing

(337) 497-0034 Fax: (337) 497-0229

- Housing with case management assistance for a household in need of housing who has a member with a disability qualifying them for Medicaid services, earns less than 30% AMI and is in need of supportive services.

Pregnancy Services – Volunteers of America

(337)497-0034 in Lake Charles or 1-877-291-6807(24-hour phone line) (Main Office – 2119 Oak Park Blvd., Lake Charles)

- Free counseling by phone or appointment.

Restoration Counseling Services

(337) 497-0034 Fax: (337) 497-0229

- Counseling services available by private pay on a sliding scale to community members.
- Specializing in anxiety, depression, communication skills, anger management, crisis counseling and stress management.
- Brief educational workshops for church staff also available.

Food & Clothing Services

Abraham's Tent

(337) 721-7211 Fax: (337) 721-7212 (2424 Fruge St., Lake Charles 70601)

- Lunches served 11:30 to 12:30 seven days a week.

Allen P. August Multi-Purpose Center Annex/ Calcasieu Parish Police Jury Human Service Dept.

(337) 721-4020 Fax: (337) 721-4184 (2001 Moeling St., Lake Charles 70601)

- Food for seniors. Must pre-register. Distribution - third Friday of each month.

Beauregard Community Action Association, Inc.

(337) 463-7263 & (337) 463-7895 Fax: (337) 463-8382

(219 West 2nd St., DeRidder, 70634 – old First Baptist Church Gym, enter double glass doors facing Pine St.)

- Food for seniors, Low Income Home Energy Assistance (LIHEAP). Call for eligibility requirements and availability.
- Emergency food and shelter program to assist with disconnection notices on electricity and gas and eviction notices
- Legal Aid services on the 3rd Thursday of each month

Boulevard Baptist Mission Center

(337) 496-8454 (3007 Enterprise Boulevard, Lake Charles 70601)

- Clothing only given away on Tuesdays & Thursdays from 9 to 11:30 am.

Catholic Charities

(337) 439-7436 Fax # (337)439-7435 (1225 2nd Street, Lake Charles 70601)

- Serves Allen, Beauregard, Calcasieu, Cameron and Jeff Davis parishes.
- Food Pantry on 3rd Friday each month from 10 am to 1 pm.
- Call for requirements.

Calcasieu Council on Aging Meal Sites

- For ages 60+. Before you can begin receiving meals at the sites, you must have an assessment form filled out and sign up the day before you plan to eat. Most sites are open Mon-Fri from 10:00am till 12:00pm. Monthly menus are available. Meals are free but we will accept donations.

Lake Charles Senior Center to 1530 5th Street, Lake Charles, LA 70601; 433-0805

Sulphur Senior Center 601 Maple St., Sulphur, LA 70663; 527-4573

Vinton Senior Center 912 West St., Vinton, LA 70668; 589-3700

Whispering Hope 2501 Griffin St., Lake Charles, LA 70601; 436-6871

Christian World

(337) 475-0157 Fax: (337) 475-0159 (2001 East Gautier Rd., Lake Charles 70607)

- Food pantry serves 4 zip codes: 70605, 70607, 70630, and 70647. Open on Thurs. from 9:30 to 10:30 in fellowship hall. Must have photo ID, proof of hardship or income and social security card on everyone in household. **FOOD ONLY!**

Community Outreach Center

(337)786-7520 Fax: (337)786 3535

(1006 E. 4th Street, DeQuincy, LA 70633)

- Food Pantry & Thrift Store for residents of 70633 only
- Open 1st & 3rd Tuesdays of the month, 8:30 -12:00 Noon
- Bring: Proof of Income, Picture I.D., Proof of Residence, award letter of food stamps and SSI

Faith and Friends Food Pantry

(4009 J. Bennett Johnston, Lake Charles, LA 70615) Phone: (337)439-9494

- Monday – Thursday 1 to 2:30 pm
- Bring photo ID, proof of income and residence, SS card for each person in household
- Only for Calcasieu Parish Residents

Faithshare Outreach

(337) 905-1333 (1827 Hwy 384, Lake Charles 70607 – located in Sweetlake, LA)

- **ONLY FOR CAMERON PARISH RESIDENTS**
- Offer food, clothing and other assistance, but **not** rent or utility assistance.
- School uniforms for sale to anyone
- Can use a voucher from a non-profit organization to purchase in Cameron parish
- Hours: 8 – 12 pm, Mon., Wed., & Fri.
- Medical equipment available for loan

Food Stamps & Governmental Food Assistance(La. Dept. of Children & Family Services)

DCFS Customer Service: 1-888-524-3578 (1-888-LAHELPU) & www.dcfsl.a.gov

EBT Card Customer Service: 1-888-997-1117

Report Child Abuse: 1-855-452-5437

- Supplemental Nutrition Assistance Program(SNAP), Louisiana Combined Application Project (LaCAP), Child Care Assistance Program(CCAP), Family Independence Temporary Assistance Program (FITAP), and Kinship Care Subsidy Program (KCSP)

Glad Tidings Food Pantry (will do emergency if needed)

(337) 474-6080 (3400 Texas St., Lake Charles 70607)

- Mon. – Thurs. 9 to 11:30 am. Bring photo ID and proof of gross income and Social Security cards for every member of household and copy of current household bill with home address.
- Can use once every 30 days.
- Only serving those in area codes 70605 & 70607.

God's Food Box (A Ministry of Beauregard Ministerial Alliance)

(337)463-4449 (426 McMahan ST., P.O. Box 1245, DeRidder, LA 70634)

- Provide food for families in Beauregard Parish and parts of Vernon Parish from Rosepine to Bailey Rd.
- Open Tues., Wed. and Thurs. from 10 am to 1 pm
- Recipients must verify residency, income and have picture I.D. ALL household members are counted as one family and income of all must be counted.
- Income levels are the same as those used for Food Stamps
- Clients can receive Food Stamps and Quarterly Commodities and still qualify for benefits with the Food Box.

Greater St. Mary Missionary Baptist Church/ F.H. Dunn Resurrection Center

(337) 494-7945 Fax: (337) 494-7946 (1401 Moeling, Lake Charles 70601)

- Offering food only on Tues. 10 am to 2 pm.
- Offering clothing only on Mon., Wed., Thurs., and Fri. 10 am to 2 pm. Some school uniforms available.
- Must have proof of income, proof of residence and valid I.D.
- Emergency food boxes upon request.

Jeff Davis Council on Aging

(337) 824-5504 Fax: (337) 616-8622 (210 S. State St., P.O. Box 734, Jennings, La. 70546)

- USDA commodities, food for families, public transit, emergency food and shelter, meals on wheels and congregate meal site, homemaker, respite care, wellness program, recreation, SR Rx meds, Acadian on-call, material aid, and transportation – elderly(60 and above), public & Medicaid(everyone) as available.

Manna Ministries – St. Luke Simpson United Methodist Church

(337) 802-3729 (1500 Country Club Road, Lake Charles 70605)

- Every Wednesday 9:00 a.m.-11:00 a.m. for food assistance. No appointment needed.
- Financial and utility assistance (electricity, gas & water – no phone, cable, rent or gasoline) **Must call (337) 802-3729 to register.**
- Eligible zip codes: 70601, 70605, 70607, 70609, 70615

New Sunlight Baptist Church

(337) 436-8965 (515 V.E. Washington Street, Lake Charles 70601)

- Fill out application Sat 9 am-11 am.
- Pick up food on the 2nd Saturday of the month from 9 to 11 am—day and time may be flexible.

Saints Memorial Church of God in Christ

(337) 439-8680 (1717 Moeling St., Lake Charles 70601)

- Food Pantry opens (1st and 3rd Saturdays of each month) from 9 a.m. to 11 a.m. Call to verify the week before.
- Bring proof of income and ID

Salvation Army Center of Hope

(337) 433-4155 Fax: (337) 721-8069 (3020 Legion St., Lake Charles 70615)

- Mon.-Fri. 10 am – 3 pm.
- Bring Photo ID, SSN, Proof of Income, and Utility Bill
- Must have food stamp letter from Food Stamp Office

Second Harvest Food Bank of Greater New Orleans & Acadiana (www.no-hunger.org)

(504) 734-1322 (New Orleans) and (337) 237-7711 (Lafayette) Benefits help line: 1-855-392-9338

- Food distribution to established food pantries and feeding sites & emergency/disaster supply.
- 7:30 am- 4 pm, Mon.-Fri. (New Orleans office)
- 8 am – 12 & 1 – 4 pm Mon.-Fri. (Lafayette office)

Shepherd's Inn Outreach of United Christian Fellowship Church

(337) 433-9442 (2802 Opelousas Street, Lake Charles 70615 – In the yellow house)

- Food and clothing on Tues. & Thurs. 9 to Noon. Also Christian counseling and free Bibles.
- Bring photo I.D. and can use once every 30 days.

South Beau CARE Ministries

(337) 526-1825 Email: sbcarecenter16@yahoo.com (2465 Texas Eastern Rd., Ragley 70657)

- We serve the following communities - Ragley, Longville, Topsy & Gillis
- Tuesdays, 9 am – 11 am and Thursdays, 2 pm to 4 pm
- Food is distributed during these times

Water's Edge Gathering

(2760 Power Centre Parkway, Lake Charles 70607)

- Thursday only from 10 am – 2 pm
- You do not need to qualify. Everybody is welcome.
- 3-5 days emergency food supply; you may come twice a month.

Westlake United Methodist Church

(337) 433-8424 Fax (337)433-9905 (704 Johnson Street/P. O. Box 536, Westlake 70669)

- Food Pantry for residents of the Westlake, Mossville and Moss Bluff areas operating Mon. 9:30 to 10:30 am, Wed. 5 to 6:30 pm, and Fri. 9:30 to 10:30 am; Proof of residence in Westlake/Moss Bluff/Mossville required, as well as proof of income for everyone in the household. Bring picture ID and one other item with name and address.

Case Management & Multi-Assistance Agencies

Advocacy Center

1-800-960-7705 Fax: (504) 522-5507

(8325 Oak St., New Orleans, 70118) Website: www.advocacyla.org

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection from institutional resident's rights.
- Funded by state to provide legal assistance to people residing in nursing homes in LA, as well as residents 60 years and older in Orleans, Plaquemines & St. Tammany Parishes.

Allen Action Agency www.allenactionagency.org

(337) 639-4348 Fax: (337) 639-4715 (505 W. 7th Ave., P.O. Box 540, Oberlin 70655)

- Headstart, energy assistance, toys for tots and weatherization.
- United Way agency assisting with emergency crisis program

BeauCARE

(337) 462-2273 Fax: (337) 462-2268 (628 High School Dr., P.O. Box 1779, DeRidder 70634) www.beucares.org

- Multi-assistance agency providing programs in youth development, family life, education, and sports, recreation & health for residents of all ages in Beauregard Parish and Southwest Louisiana with a strong focus on children and families considered at-risk.

Cameron Community Action Agency

(337)905-6000 (co-located with the Cameron Council on Aging, 965 Hwy 384 in Grand Lake)

- Energy assistance, Head Start, GED program, Food for Seniors
- Serving all ages below the poverty level

Care Help of Sulphur www.care-help.org

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington, Sulphur 70663)

- Utilities, food, emergency medications, clothing and school uniforms for Sulphur residents.
- Free computer classes, life skills classes and Bible study.
- Thrift store - open on Saturdays 10-4 pm; donations accepted 8 am - 3:45 pm
- Thrift store - open Mon.-Fri. 10 am -5 pm; donations accepted 8 am - 4:45 pm
- Social Services - assistance office 9-1 & 2-4 Tues.-Fri.

Caring Hands

(337) 616-3081 (P.O. BOX 1204; 327 N. Main St., Jennings, La. 70546) email: caringh@bellsouth.net

- Qualified Jeff Davis residents only.
- Open Mon. – Thurs. 1-4 p.m. & applications taken 1 – 3 p.m.
- Assists with disaster needs, utilities, food, clothing and household items.
- Bring photo ID, Proof of income, all current bills, last 2 bank statements, Social security cards, and food stamp approval letter if applicable.

Catholic Charities Diocese of Lake Charles

(337) 439-7436 Fax: (337) 439-7435 (1225 2nd Street, Lake Charles 70601)

- Serves Allen, Beauregard, Calcasieu, Cameron and Jeff Davis parishes.
- Emergency Financial Assistance for qualified applicants: rent, mortgage, utilities, funeral expenses, and state IDs. Some limited medication assistance is available.
- **Appointment only by calling on the first day of the work week at 9 am. No walk-ins please.**

Greater St. Mary Missionary Baptist Church/ F.H. Dunn Resurrection Center

(337) 494-7945 Fax: (337) 494-7946 (1401 Moeling, Lake Charles 70601)

- Offering food only on Tues. 10 am to 2 pm.
- Offering clothing only on Mon., Wed., Thurs., and Fri. 10 am to 2 pm. Some school uniforms available.
- Must have proof of income and valid I.D.
- Emergency food boxes upon request.

Jeff Davis Parish Assist Agency

(337) 824-7800 Fax: (337) 824-7805 www.assistagency.org Contact – Carla Billups

(Physical: 107 E. Nepique St., Jennings 70546 Email: assistagency@bellsouth.net)

- Assistance is on an emergency basis only for rental and utility assistance. They also help with SNAP & Medicaid applications. They work with the VITA program doing taxes. Open 8:00 a.m. to 4:30 p.m. Mon. – Friday

La Familia Resource Center

(337) 312-2906 Fax: (337) 564-5402 (114 W. Clarence St., Lake Charles 70601)

- Open Mon. – Thurs. from 9:00 a.m. to 4 p.m., Fri. 9 to 12 by appointment only
- They are a bilingual multiservice org that offers Citizenship Classes, ESL (English as second language), Spanish, family advocacy, interpreters, translation, after school tutoring, and referrals to resources.

LIHEAP-(Low Income Home Energy Assistance Program)/ Allen P. August Multi-Purpose Center

(337) 721-4030 Fax: (337) 721-4180 (2001 Moeling St., Lake Charles 70601)

- To assist residents in Calcasieu Parish with electric or gas bills twice a year based on income.
- Multi-Purpose Building- **Appointment only by calling (337) 721-4033.** Income guidelines apply.

Manna Ministries – St. Luke Simpson United Methodist Church

(337) 802-3729 (1500 Country Club Road, Lake Charles 70605)

- Every Wednesday 9:00 a.m.-11:00 a.m. for food assistance. No appointment needed.
- Financial and utility assistance (electricity, gas & water – no phone, cable, rent or gasoline) **Must call (337) 802-3729 to register.**
- Eligible zip codes: 70601, 70605, 70607, 70609, 70615

St. Frances Cabrini Immigration Law Center

(337) 477-0683 Fax: (337) 477-1863 (3226 Lake Street, Lake Charles 70601)

- Provides low-cost assistance to individuals needing help with immigration issues, including applications for naturalization, lawful permanent residence, asylum, DACA and others. Attorney on staff.
- English classes, tutoring and workplace literacy instruction for skilled workers.
- Periodic workshops and lectures.
- Open Mon. – Fri. from 8 a.m. – 5 p.m.; closed 12 – 1 for lunch

Homeless Shelters & Other Shelters

City of Refuge (Veteran's Homeless Shelter)

(337) 589-4407 & Fax: (337) 589-7829 (5899 Hwy 3112, Vinton 70668)

- For single male Veterans
- Please call ahead for availability.
- Hospitals or care facilities must call.

Freedom House– Help for Drug & Alcohol Abuse

(318) 518-3878 (1408 Hwy 5, Logansport, LA 71049)

- No Charge; applicant must call Brother Wayne Jones for interview.
- 1 year program, 2 year program & 3 year program.
- Males and females accepted.

ETC Transitional Living Program for Homeless Youth

(337) 433-8636 Fax: (337) 433-8638

- Serves male and female homeless youth ages 18-21 years old who are drug free
- Can also serve pregnant and parenting youth and their children
- Youth must be motivated to become employed and cooperate with program requirements
- Youth must be cognitively and emotionally capable of living on their own
- Housing provided in scattered site apartments throughout the community
- Life skills and other support services provided

ETC Harbour House

(337) 433-6739 & Fax: (337) 436-7720

- 16 bed residential facility for children ages 9-17 years old
- Provides emergency shelter services for children and youth needing a safe place
- Serves runaway or homeless youth; youth involved with foster care or juvenile justice systems; and other children in crisis
- Parents/guardians or other agencies can call to check eligibility
- In general, services provided at no cost to client

Jeff Davis C.A.D.A. www.jeffdaviscada.com

(337) 616-8418 & toll-free 1-866-883-2232 Fax: (337) 616-8421 (P. O. Box 826 Jennings La. 70546)

- Shelter for abused women and their children (**not homeless**)

June N. Jenkins Women's Shelter/Beauregard Community Concerns

(337) 462-1452 & Fax: (337) 463-5495

- Shelter for abused women and their children (**not homeless**) and resources to assist victims of domestic violence even if they are not in the shelter.

Lord's Place

(337) 494-6277 Fax: (337) 990-5285/Earl (manager) - (337) 564-1775/

Pastor Russell Benoit (337) 249-3144 (126 Kirkman St., Lake Charles 70601)

- For single men ages 18 and over.
- Website: www.LordsOutreach.TvHeaven.com / E-mail: LordsOutreach@aol.com

Oasis a Safe Haven for Survivors of Domestic and Sexual Violence

(337) 436-4552 or 1-800-223-8066 or 1-888-411-1333 (LA Domestic Violence Hotline) Fax: (337) 436-8327

Potter's House & Potter's House Annex (Assistant Living)

(337) 477-1116 & Fax: (337) 477-1102 (3233 Kirkman St., Lake Charles 70601) Rev. Leona Benoit, Dir.

- For women and women with children
- Assistant living available for adult women only with a fixed income

Serenity Help Center – For Women

(337) 256-5913 (404 West Admiral Doyle Drive, New Iberia, LA 70560)

- Website: www.serenityhelpcenter.com
- Take homeless single women 18 years and older

Salvation Army Center of Hope

(337) 433-4155 Fax: (337) 721-8069 (3020 Legion St., Lake Charles 70615)

- For men only. No felony charge of child abuse/no sexual or violent crime of any kind
- Check-in time is from 5 pm to 9 pm
- Must pass breathalyzer test and drug test before admittance; Valid Picture ID required

Welcome House

(337) 783-7066 (24292 Crowley Eunice Hwy., Crowley, Louisiana 70526) www.welcomehouseshelter.org

- For men and women, single or married; for families also.
- Call first. They can accept people from outside their region.
- Online application
- Not accepting those from psychiatric facilities or sex offenders.

Housing Assistance

Bayou Bluff Apartments

(337) 436-5722 Fax: (337) 436-5723 (2604 Laurel Ridge Ct., Lake Charles, 70615)

- Low income apartments that are part of the LCHA but with their own application process. Some disabled units may be available.
- Applications taken at 404 Cedar Way, Lake Charles, La 70601

Calcasieu Parish Housing Counseling Agency – HUD Approved

(337)721-4030 ext. 5114 (2001 Moeling Street, Lake Charles 70601) www.cppi.net/housingcounseling

- Provide Homebuyer's Educational Class to the general public along with a grant for down payment and closing cost assistance.
- Provide One-on-One Pre-Purchase Counseling to potential homebuyers to help educate and prepare them in becoming a first-time homebuyer. They are provided with ongoing support and education as they work toward purchasing a home.
- Provide One-on-One Post-Purchase Counseling to clients who own their home and wish to establish and maintain a workable budget, continue to maintain good credit and avoid potential foreclosure.
- Provide Financial/Credit Counseling for individuals to work on establishing a workable budget, understanding how credit works, and building and maintaining their credit scores.
- Provide services to: Calcasieu, Cameron, Allen, Beauregard and Jeff Davis
- Call or E-mail to set up an appointment (dtate@cppi.net)
- To apply on-line: www.cppi.net/housingcounseling

Calcasieu Parish Human Services Department/Continuum of Care Access Center

Adm. #: (337) 721-4030 (Allen P. August, Sr. Multi-Purpose Bldg., 2001 Moeling Street, Lake Charles 70601)

- Open 9 a.m. to 5 p.m., Monday – Friday (Except holidays)
- Apply for Social Security
- SNAP Benefits, Childcare Assistance, TANF & Kinship
- Medicare and Medicaid
- Rental Assistance – ***By appointment only***
- Eviction Assistance – ***By appointment only*** (**Must** have eviction notification from landlord or have received eviction served by Marshall)
- Utility Assistance (Call for eligibility status)

Calcasieu Council on Aging HUD Section 202 Housing

- **Must be age 62 or older to apply**
- Dequincy Elderly Housing Corporation, 301 Coward Street, Dequincy, LA 70633, (337) 786-3400
- Vinton Senior Manor Corporation, 1000 Loree Street, Vinton, LA 70668, (337) 589-7605
- Iowa Elderly Housing Corporation, 400 E. Miller Avenue, Iowa, LA 70647, (337) 582-2450
- Whispering Hope, Inc., 2501 Griffin Street, Lake Charles, LA 70601, (337) 436-6871

CARC – Housing www.carc.us

(337) 433-3620 Fax: (337) 439-1886 (4100 Sen. J. Bennett Johnston Ave., Lake Charles 70615)

- HUD housing for people with developmental disabilities and meets low income limits.
- Currently has a waiting list.

Chateau Du Lac

(337) 436-0380 (333 Mill Street, Lake Charles, LA 70601)

- Apartments for individuals who are 62 or older and/or with a disability receiving SSI or SS.

Grand Lake Elderly Apartments (Cameron Council on Aging)

(337) 905-0381 (10104 Gulf Hwy., Lake Charles 70607)

- Apartments for 55 years old and up who have a low income.

Habitat for Humanity www.hfhca.org

(337) 497-0129 Fax: (337) 497-0470 (3551 Avenue C, Lake Charles 70615)

- Build houses from the ground up and rehab of some houses.
- Open enrollment regularly for those families willing to partner with Habitat and in need of simple, decent permanent housing. Call for information.
- Serve 5 parish area: Calcasieu, Cameron, Beauregard, Jefferson Davis and Allen
- Land donations welcomed.
- **Habitat ReStore**, 3960 Gerstner Memorial Blvd (Hwy 14); (337) 540-7802; open Wed. – Sat., 10 to 5; affordable building materials, furniture, household goods and appliances for sale; donations made at store or pickups can be arranged. Net proceeds returned to mission of shelter.

Louisiana Housing Search Service

www.lahousingsearch.org

Kingsley Court Apartments

(337) 436-5722 Fax: (337) 436-5723 (404 Cedar Way, Lake Charles, La 70601)

- Low income apartments that are part of the LCHA but with their own application process. Some disabled units may be available.
- Applications available.

Maison D'Amis (NAMI) – Independent Living

(337) 437-7919 (401 Gerdsen, Lake Charles, LA 70601)

- Apartments for mentally ill persons who qualify. Currently has wait list.

Permanent Supportive Housing Program

(337) 497-0034 (A program run by Volunteers of America.)

- Housing with case management assistance for a household in need of housing who has a member with a disability that qualifies them for Medicaid services, earns less than 30% AMI and **is in need of supportive services.**

Project Build a Future www.projectbuildafuture.org

Main # (337)439-7191, email: info@projectbuildafuture.org (2306 3rd St. Lake Charles, LA 70601)

- A non-profit corporation committed to building and selling quality, affordable housing.
- Target area is north of Broad Street
- Develops quality, affordable housing, and provides down payment assistance to make homes affordable.
- Provides homebuyer counseling and financial literacy services, including assistance in rebuilding credit and reducing debt
- If interested in purchasing a beautiful, new home call the office to obtain an application.

The Road Home

1-888-762-3252 & www.road2La.org

- Registered applicants may receive housing assistance or buyouts.

USDA OFFICE- Rural Development Housing Programs

www.rurdev.usda.gov/la

- For applications call (337) 262-6602 ext. 4 - Lafayette USDA Service Center, Mon.-Fri. 8-4:30 p.m.
- Low-income applicants can build or buy; very low-income property owners can repair

Volunteers of America Mental Health Housing Services

(337) 497-0034 Fax: (337) 497-0229

- Housing available for mentally ill persons who qualify.

Volunteers of America Elderly Housing in Elton

(337) 497-0034 Fax: (337) 497-0229

- Apartments for 62 years old and up who have a low income.
- Currently have several openings.

Housing Authorities

Calcasieu Parish Housing Authority

(337) 721-4030 & Fax: (337) 721-4031

- Waiting list - closed until further notice

Dequincy Housing Authority

(337) 786-2381 & Fax: (337) 786-3204

Elton Housing Authority

(337) 584-2541 Fax: (337) 639-2625

Jennings Housing Authority

(337) 824-5642 & Fax: (337) 824-5649

Lake Arthur Housing Authority

(337) 774-3692 & Fax: (337) 774-2997

Merryville Housing Authority

(337) 825-8770 & Fax: (337) 825-8778

Oberlin Housing Authority

(337) 584-2541 Fax: (337) 639-2625

Vinton Housing Authority

(337) 589-5331 Fax: (337) 589-3677

DeRidder Housing Authority

(337) 463-7288 & Fax: (337) 463-3671

Housing Authority of Iowa

(337) 582-6730 & Fax: (337) 582-3280

Kinder Housing Authority

(337) 738-2079 & Fax: (337) 584-2541

Lake Charles Housing Authority

(337) 436-7628 & Fax: (337) 436-9798

Oakdale Housing Authority

(318) 335-0712 & Fax: (318) 335-9326

Sulphur Housing Authority

(337) 527-5248 Fax: (337) 527-0681

Welsh Housing Authority

(337) 734-2647 Fax: (337) 734-4857

Housing Repairs

Bayou Response

(337) 532-4131 Contact: Renee Amos @ renee5226@suddenlink.net

- Disaster response and local home repair for those in need. Eligibility determined case by case.

Education

American Red Cross www.redcross.org

(337) 478-5122 Fax: (337) 478-1173

- Disaster preparedness, CPR, first aid, babysitting training, and emergency disaster relief

Foreman-Reynaud Community Center

(337) 436-2509 Fax: (337) 436-9843 (215 Albert St., Lake Charles 70601)

- Lighthouse Club – social club for ages 40 and older, call for details.
- After school program from 3 to 5 p.m. Mon – Thurs. Free to anyone who needs homework help ages 4 and up.
- Youth achievement program for ages 12 & above – Call for more information.
- Swimming lessons (ages 5 & up). Call for time schedule.
- All year around water aerobics – call for time schedule
- Chair exercise class from 5:30 to 6 p.m. Mon. & Wed. – free to the public.

La Familia Resource Center

(337) 312-2906 Fax: (337) 564-5402 (114 W. Clarence St., Lake Charles 70601)

- Open Mon. – Thurs. from 9:00 a.m. to 4 p.m., Fri. 9 a.m. to 12 by appointment only
- They are a bilingual multiservice org that offers Citizenship Classes, ESL (English as second language), Spanish, family advocacy, interpreters, translation, after school tutoring, and referrals to resources.

Literacy Council www.literacyswla.org / email: info@literacyswla.org

Main Office--Central School Building (809 Kirby, Suite 126, Lake Charles 70601) (337) 494-7000 Fax: (337) 494-7915

- Provides services to adults, children and families. Services include adult education; English as a second language; reading, writing and mathematics; financial literacy; computer literacy; high school equivalency diploma preparation (HiSET); online classes; and career and college transition assistance.
- Adult Education classes are available in Lake Charles, Sulphur, Jennings, Grand Lake and DeRidder
- English as a second language classes are offered in Lake Charles and Jennings
- Call 337-494-7000 or 1-888-LIT-SWLA for more information

Music Makers 2 U

(337) 244-9314 Contact: Eva LeBlanc @ emleblanc@yahoo.com

- Pairs deserving middle, high school and McNeese State musicians with gently used instruments.
- Requires referral from Band or Orchestra Director, private piano or violin teacher.

National Alliance on Mentally Illness (NAMI) www.namiswa.org

(337) 433-0219 Fax: (337) 433-1860 (710 W. Prien Lake Rd., Suite 206, Lake Charles 70601)

- Family to Family – Classes in Spring and Fall for this 12-class course for parents, and caregivers of adults with mental illness.(NOT FOR PERSON W/MENTAL ILLNESS)
- Basics – Classes in Spring and Fall for this 6-class course for parents, adolescents and caregivers of children with mental illness.
- Call for dates, times, and places. Registration is required and seating is limited.
- Family Support Group- meets 3rd Tuesday of Each Month at the NAMI office at 710 W. Prien Lake Rd., Suite 206
- Peer to Peer Education Class – 10 week course for people living with mental illness (date, time and location TBA)
- NAMI on Campus – Wellness club at McNeese and SOWELA providing information and resources to support student's mental health.
- NAMI SWLA Warm Line (337-433-2500 – Open Mon. – Fri. from 9 a.m. – 4 p.m.) – Provides services to individuals seeking help for their family members or themselves.

St. Frances Cabrini Immigration Law Center

(337) 477-0683 Fax: (337) 477-1863 (3226 Lake Street, Lake Charles 70601)

- Provides low-cost assistance to individuals needing help with immigration issues, including applications for naturalization, lawful permanent residence, asylum, DACA and others. Attorney on staff.
- English classes, tutoring and workplace literacy instruction for skilled workers. Periodic workshops and lectures.
- Open Mon. – Fri. from 8 a.m. – 5 p.m.; closed 12 – 1 for lunch

Volunteers of America Parenting Education Classes

(337) 497-0034 Fax: (337) 497-0229

- Common Sense Parenting Curriculum with free classes to families with a child or adult receiving services through OBH or some private agencies. Sliding scale fee for others.
- Childcare available and refreshments provided. Call to RSVP.

Elderly Assistance

Allen Council on Aging

1-800-256-2851 & E-mail: allencouncil@bellsouth.net Fax: (318) 335-3199

(Physical-- 602 E. 5th Ave., Oakdale 71463) (mail – P.O. Drawer EL, Oakdale 71463)

- Get information on meals, home maker help, three transportation programs, respite care, Medicaid advice, medical help, Medicaid Enrollment Center, SNAP Food Stamps enrollment, and more.
- Transportation programs from local to anywhere in the state of Louisiana.

Beauregard Council on Aging

(337) 463-6578 & (337) 463-9694 Fax: (337) 463-7431 (104 West Port St., DeRidder 70634)

- Congregate & home delivered meals, transportation, material aid, legal assistance, recreation, SR RX, outreach and more.

Benefits Check Up www.benefitscheckup.org

- Assisting seniors identify financial benefits for which they may not know they qualify.

Better Business Bureau of SWLA

(337) 478-6253 or 1-800-542-7085 www.bbb.org Fax: (337) 474-8981

(2309 E. Prien Lake Rd. Lake Charles, La.70601)

- Mon – Thurs 8-12 & 1-4; Fri 8-12)

Calcasieu Parish Council on Aging www.calcoa.org

(337) 474-2583 & 1-800-223-5872 Fax: (337) 474-6563 (3950 Hwy 14, Lake Charles 70607)

- Emergency utility assistance, prescription assistance, homemaker's services (light housekeeping twice a month), medical alert button, Medicare part D assistance with people to assist elderly to apply. Meals on Wheels and Sr. prescription program. Supplemental Nutrition Assistance Program formerly called food stamps(SNAP), Medicaid, and Legal Assistance per Southwest Louisiana Law Center (337) 436-3308. For ages 60+.
- Senior Centers: Lake Charles Sr. Ctr., 1530 5th Street, Lake Charles, (337)433-0805; Sulphur Sr. Ctr., 601 Maple St., Sulphur, (337)527-4574; Westlake Sr. Ctr., 2001 Jones Street, Westlake, (337)436-6879; Vinton Sr. Ctr., 915 West St., Vinton, (337)589-3700; Iowa Sr. Ctr., 800 Factory Outlet Dr., Suite 116, Iowa (337)582-1551; Moss Bluff Sr. Ctr., 2868 Hwy 171 North, Lake Charles, (337)217-0500. For ages 60+.
- Meal Sites: For ages 60+. Before you can begin receiving meals at the sites, you must have an assessment form filled out and sign up the day before you plan to eat. Most sites are open Mon-Fri from 10:00am till 12:00pm. Monthly menus are available. Meals are free but we will accept donations.
Sulphur Sr. Ctr. 601 Maple St., Sulphur, LA 70663 527-4573
Vinton Sr. Ctr. 912 West St., Vinton, LA 70668 589-3700
Whispering Hope 2501 Griffin St., Lake Charles, LA 70601 436-6871
- Family Caregiver Support Groups- This program is for those individuals who are caring for a loved one. Meetings are held monthly. **There is no age requirement for this service.**
The Gardens – 3rd Wed. at noon, 1401 Country Club Rd., Lake Charles
Sulphur Senior Activity Center – 3rd Thurs. at noon, 601 Maple St., Sulphur
Brookdale Senior Living – 4th Tues. at 5:30 p.m., 2420 Country Club Rd., Lake Charles

Calcasieu Parish Sheriff's Office

(337) 491-3626 Fax: (337) 439-1684 (2112 Moeling, Lake Charles 70601)

- Mon – Fri 8-4

Cameron Parish Council on Aging

(337) 598-5158 or (337) 905-6000 Fax: (337) 905-6500 (965 Hwy 384, Lake Charles, LA 70607)

- Call for referrals 8 - 4, Monday thru Friday
- Provides transportation, meals on wheels, congregate meals, medical equipment, medication management, homemaker services, nutrition education, caregiver services, housing assistance.

Experience Works www.experienceworks.org local e-mail: experienceworkslc@att.net

(337) 433-4243 (715 Ryan Street, Ste. 105A, Lake Charles, La 70601)

- Provide training and job asst. to people ages 55 and older on limited incomes and not currently working.

Eye-Care America's Seniors Eye Care Program

1-800-222-3937 www.eyecareamerica.org

- Free exam and up to a year of treatment for persons 65 and older.
- Call to find out if you qualify. Available 24/7 year round.

Jeff Davis Council on Aging

(337) 824-5504 Fax: (337)616-8622 (P.O. Box 734, 210 S. State St., Jennings, 70546)

- Offers assistance with food, medications, transportation, housekeeping, sitters, utilities, recreation, education, exercise classes and general well being. Legal assistance given. Some minimal donations may apply. Emergency food and shelter given when needed to all ages in Jeff Davis Parish when funds are available. Aerobics classes Mon – Thurs as scheduled.

Jefferson Davis Parish Sheriff's Office

Work (337) 821-2100 Fax (337) 821-2105 (321 East Plaquemine St., P.O. Box 863, Jennings, 70546)

[email:edartez@jdpso.org](mailto:edartez@jdpso.org)

L.I.F.T. (Living Information For Today)

(337) 439-2446 (3001 Ryan Street, Lake Charles, 70601 at Hixson Funeral Home)

(337) 855-2929(150 Bruce Circle, Lake Charles, 70611 at Hixson Moss Bluff Funeral Home Chapel)

(337) 625-9171 (2051 E. Napoleon St., Sulphur, 70663 at Hixson-Sulphur Memorial Funeral Home)

Jody Barrilleaux, LIFT Director and Community Relations for Hixson Funeral Homes

- Provides information and a social outlet for widows and widowers.
- Meets the 2nd Wed. of the month in Moss Bluff; 10 am – 12
- Meets the 3rd Wed. of the month in Sulphur; 10 am – 12
- Meets the 4th Wed. of the Month in Lake Charles; 10 am – 12

Louisiana Answers www.louisianaanswers.com (Connects to Calcasieu Council on Aging)

1-800-223-5872

- Aging and disability resource center for Allen, Beauregard, Calcasieu, Cameron, Jeff Davis and Vernon parishes.

Meals on Wheels - Calcasieu (Calcasieu Council on Aging) www.calcoa.org

(337) 474-2583 & 1-800-223-5872 Fax: (337) 474-6563

Senior Prescription Assistance-Calcasieu Council on Aging www.calcoa.org

(337) 474-2583 or 1-800-223-5872 Fax: (337) 474-6563 (3950 Hwy. 14, Lake Charles 70607)

- SeniorRx-to assist seniors to link with assistance for obtaining their prescription medications.

@Southwest Louisiana Independence Center (@SLIC)www.slic-la.org

(337) 477-7194 & 1-888-403-1062 Fax: (337) 477-7198 (4320 Lake Street, Lake Charles, La 70605)

- For Hearing Impaired: Amplified Landline Phones and Hearing Aids provided by LCD (No cost if qualify)
- For Deaf: Interpreting Services provided by LCD
- For Older Adults and Persons with Disabilities: Advocacy, Information and Referral, Independent Living Skills Training, Peer Counseling, Transitioning, Supported Employment and DSW Services
- Loaner Closet: Gently Used (Community Donated) Medical Equipment for persons in need

VITA (Volunteer Income Tax Assistance) Program

(337) 433-1088 x 210 Fax: (337) 433-3679 (United Way of SWLA)

Employment

Allen Career Solution Center www.laworks.net

(337) 639-2175 Fax: (337) 639-2560 (602 Court St., mailing: PO Box 1140, Oberlin, LA 70655)

- Open 8 am – 4:30 pm Mon. – Fri. / Closed Thurs. from 1:30 -3:30 pm

AmeriCorps - Impact Lake Charles AmeriCorps

(337) 491-8735 Fax: (337) 491-8760 (Physical– 326 Pujot Street, Lake Charles 70601 Mailing– PO Box 900, Lake Charles, LA 70602)

- Health and Safety Education

Beauregard Business and Career Solutions www.laworks.net

(337) 462-5838 Fax: (337) 462-6115 (1102 W. 1st St., DeRidder 70634)

- Workforce training and employment services. Call for information.
- Open 8 am – 4:30 pm Mon. – Fri. / Closed Thurs. from 1:30 -3:30 pm

Beauregard Christian Women’s Job Corps. www.beauregardcwjc.org

(337) 463-4451 & (318) 663-0489 (202 N. Royal St., DeRidder 70634 Mailing – P.O. Box 1362, DeRidder 70634)

- Teaches life and job skills for women over 18 years old who are in need.
- Assist students with their Hi-SET (High School Equivalency Testing)
- There is no charge for classes.

Experience Works www.experienceworks.org email: experienceworkslc@att.net

(337) 433-4243 (715 Ryan St., Ste. 105A, Lake Charles, La. 70601)

- Provide training and job assistance to people ages 55 and older on limited incomes and not currently working.

Care Help Sulphur www.care-help.org (also on Facebook)

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington, Sulphur 70663)

- Life Skills Class every 2nd Wed of the month at 10 am
- CPT classes on Wed from 2:30 – 4 & 4:30 – 6 pm at 112 E. Thomas in Sulphur.
- Bible classes on Tues. 8 am – 9 am; open to people living anywhere, Call for info.

Louisiana Rehabilitation Services

(337) 475-8038 Fax: (337) 475-8037 (3616 Kirkman St., Lake Charles 70607)

Toll Free: 800-520-0589 TTD# 337-475-8036

- Provides services to help persons with disabilities to obtain the job skills and other resources they need to get a job, keep a job and develop a career.

Louisiana Workforce Commission –Business and Career Solution Center Calcasieu Consortium

(337) 721-4010 & 866-783-5567 & www.laworks.net (2424 3rd Street, Lake Charles 70601)

- Job search, resume help, job fairs and more. Call for information.
- Open MTWF 8 am – 4:30 pm & Thurs. 8 am – 3 pm

Unemployment Claims www.laworks.net 1-866-783-5567

Family & Children’s Services

BeauCARE www.beaucares.org

(337) 462-2273 Fax: (337) 462-2268 (628 High School Dr., P.O. Box 1779, DeRidder 70634)

- Provide information, referrals, education, parenting, training, and advocacy for families involved with DCFS in Allen or Beauregard Parishes. Many more services than listed.
- Safe visitation center – supervised visitation for families in crisis in Allen, Beauregard, Calcasieu and Vernon Parishes.
- Grantee for BeauCARE Head Start – only Head Start in Beauregard Parish
- Provides Summer Food Service Program in DeRidder @ multiple locations.

Calcasieu Parish Animal Services and Adoption Center for Calcasieu www.petfinder.com

(337) 721-3730 (5500A Swift Plant Rd., Lake Charles 70615)

- Spay Neuter Assistance Program – call for specific guidelines.

Educational & Treatment Council (ETC)

- Outreach Center - (337) 433-1062 Fax: (337) 439-1094
- Providing home-based intervention and prevention services for at-risk youth and their families.
- Some services available to eligible families receiving Medicaid
- See website (www.etcyouth.org) for list of programs and services

Family & Youth Counseling

(337) 436-9533 Fax (337) 439-9941 (220 Louie St., Lake Charles, LA 70601) www.fyca.org

- Classes, programs and support groups to assist families and children. See website for list.

Foreman-Reynaud Community Center

(337) 436-2509 Fax: (337) 436-9843 (215 Albert St., Lake Charles 70601)

- Free homework assistance from 3 p.m. to 5 p.m. Mon. – Thurs.
- Drive Rite classes every other Sat. from 9 a.m. – 3 p.m. (Call ahead)
- Free VITA tax services
- New Health Club – call for details

Gulf Coast Social Services

(337) 436-6622 Fax: (337) 436-4403 (825 Ryan St., Suite 300, Lake Charles 70601)

- Community based service programs providing consultation, training and educational services to individuals and their families.
- Accepts Medicaid Waiver and private pay on an individual basis.

Kid's Need

(P.O. Box 1206, Westlake, 70669) www.iamgracious.org

- Giving time, love and compassion to school-aged children
- Meets 1st & 3rd Tuesday each month from 6 – 7 pm at House of Prayer (920 Harrison St., Westlake, LA)

Louisiana Youth Challenge (Louisiana National Guard)

(318) 641-5803 & 1/800-CAMP-KID www.langycp.com

- Camp Beauregard: (505 F Street, Pineville, LA 71360) 1-800-226-7543 Fax: (318) 641-3313
- Camp Gillis Long: (5445 Point Clair Rd., Bldg. 20, Carville, LA 70721) 1-800-226-7543 Fax: (318) 382-4129
- Camp Minden: (200 Louisiana Blvd., Minden, LA 71055) 1-800-226-7543 Fax: (318) 382-4129
- Free Alternative Program for youth 16 – 18 years of age
- Must attend an interview
- HiSET (GED) preparation & college credit
- NCCER certification in construction

Volunteers of America Parenting Education Classes & Interagency Service Coordination

(337) 497-0034 Fax: (337) 497-0229

- Common Sense Parenting Class Curriculum with free classes to families with a child or adult receiving services through OBH or some private agencies. Sliding scale fee for others. Childcare available and refreshments provided. Call to RSVP.
- Interagency Service Coordination to develop plans for children with Emotional Behavioral Disorders who at risk of being removed from the home or school.

FEMA Assistance

FEMA

1-800-621-3362 www.fema.gov & www.disasterassistance.gov

- TO APPLY ON THE PHONE and ALL OTHER ASSISTANCE.
- FEMA rental resources – <https://asd.fema.gov/inter/hportal/home.htm> website

Legal Services

Acadiana Legal Services www.la-law.org

(337) 439-0377 Fax: (337) 439-0636 (Capital One Tower, One Lake Shore Dr., Ste.800 Lake Charles 70629)

- Provide free legal assistance in civil matters such as divorces, child custody, consumer issues, housing and public benefits
- Mon – Fri 8:30 am– 12 pm & 1 pm – 5 pm

La Familia Resource Center

(337) 312-2906 Fax: (337) 564-5402 (114 W. Clarence St., Lake Charles 70601)

- Open Mon. – Thurs. from 9:00 a.m. to 4 p.m., Fri. 9 a.m. to 12 by appointment only
- They are a bilingual multiservice org that offers Citizenship Classes, ESL (English as second language), Spanish, family advocacy, interpreters, translation, after school tutoring, and referrals to resources.

Louisiana Civil Justice Center

1-800-310-7029 (504)355-0970 www.laciviljustice.org & www.lawhelp.org/la

- Telephone advice and referral service for low income elderly or disaster affected Louisiana residents.
- Information and self-help resources provided to those who aren't qualified for free legal aid.
- Intake and referral service for people seeking pro-bono oil spill claims assistance.
- Monday – Friday from 9 am to 4 pm (Hot Line)

Southwest Louisiana Law Center

(337) 436-3308 Fax: (337) 433-2523 www.swla-law-center.com

- Non-profit law firm - provides low cost legal services - fees charged on sliding scale
- By appointment only - \$75 up-front, consultation fee required
- 8:30 a.m. to 5:00 p.m. Monday – Friday, Closed 12:00 p.m. to 1:00 p.m. for lunch
- Photo ID required
- Civil matters only – no criminal matters
- Not “Legal Aid”

St. Frances Cabrini Immigration Law Center

(337) 477-0683 Fax: (337) 477-1863 (3226 Lake Street, Lake Charles 70601)

- Provides low-cost assistance to individuals needing help with immigration issues, including applications for naturalization, lawful permanent residence, asylum, DACA and others. Attorney on staff.
- English classes, tutoring and workplace literacy instruction for skilled workers.
- Periodic workshops and lectures.
- Open Mon. – Fri. from 8 a.m. – 5 p.m.; closed 12 – 1 for lunch

Child Support Enforcement / La. Dept. of Children & Family Services

- 1-888-524-3578 & www.dcfsls.gov

Referral Services

Autism Services of Southwest Louisiana www.autismservicesswla.com email: info@directcareinc.com

(337) 436-5001 Fax: (337) 436-5002 (3006 Common St., Lake Charles 70601)

- Non-profit providing housing and supports for adults (ages 18 and up) on the autism spectrum.

Best Buddies

www.bestbuddies.org & www.ebuddies.org

- Mentoring and friendship program for people with intellectual disabilities. Free e-mail pen pal program.

Big Brothers Big Sisters of SWLA

(337) 478-KIDS Fax: (337) 474-5677 Email: info@bbbs-swla.net (4135 Common St., Lake Charles 70607)

- Open Mon. – Fri. from 8 a.m. – 5 p.m.

Calcasieu Parish School Board (Lead Agency) Early Childhood Department

(337) 217-4210 (1618 Mill Street, Lake Charles 70601)

- CCAP location for finger scans
 - Pamela Darbonne – 337-217-4210 Ext. 2806
 - Nypheteria Clophus – 337-217-4210 Ext. 2804

Families Helping Families www.fhfswla.org email: info@fhfswla.org

(337) 436-2570 or 800-894-6558 Fax: (337) 436-2578 (2927 Hodges St., Lake Charles, 70601)

- Provide information, referrals, education, training, peer support and advocacy skills to individuals with disabilities and their families.
- Covers Allen, Beauregard, Calcasieu, Cameron, & Jeff Davis parishes.

F.I.N.S. (Families in Need of Services) Office of Juvenile Justice Services

(337) 721-3900 Fax: (337) 721-3907 (PO Box 2073, Lake Charles 70602)

- Assist in coordination of services for children and parents who need intervention before criminal behavior.

Gabriel Project by the Diocese of Lake Charles

(337)439-7400 Ext. 317 www.rachelsvineyard.org Contact: Marjorie Long

- Make referrals to individual Catholic parishes to assist parents with the physical and spiritual needs of parenting.

Lighthouse Ministries, Inc. www.lighthouseministriesinc.org

(337) 666-2678 & Fax: (337) 666-2679 (P.O. Box 130, 150 Lighthouse Lane, Reeves, LA 70658)

- Licensed as a Child Residential Center for ages 0 – 18. Focus is on pregnant teens who can live with their babies until age 18.
- Residents are home schooled, receive counseling, and classes on life skills, anger management, safe sleep, child birth, parenting, breastfeeding, infant CPR, Bible and more.

Louisiana Assistive Technology

1-800-270-6185 & www.latan.org Fax: (225) 925-9560 (3042 Old Forge Dr. Ste. D. Baton Rouge 70808)

- Medical and assistive equipment distribution program after large-scale disasters
- Loans for purchase of assistive technology and home/vehicle modification, and other help to individuals with disabilities
- A.T. Market Place is a data base of used, free or low-cost equipment
- Device demonstrations and device loans

Imperial Calcasieu Human Services Authority Developmental Disabilities Division (ImCal HSA)

(337) 475-8045 & 1-800-631-8810 Fax: 337-475-8055 (3501 5th Ave #C2 Lake Charles 70607) www.imcallhsa.org

Louisiana Dept. of Insurance www.lda.la.gov

1-800-259-5300 & Fax: 225-342-3078 (1702 N. Third St., Baton Rouge, 70802; Mailing: P.O. Box 94214, Baton Rouge, 70804-9214)

- For questions about insurance call for assistance

Nurse-Family Partnership

(337) 478-6020 ext. 6049 Fax: (337) 479-2522 (at Calcasieu Parish Health Unit - 3236 Kirkman St., Lake Charles, 70601)
Contact: Sheila V. Schuetz, B.S.N., R.N., Region V Nurse-Family Partnership Supervisor

- Pre-natal and early childhood intervention program to improve the health and social functioning of income eligible, first-time mothers and their babies.
- First home visit must be initiated before 28 weeks gestation, and visits continue until child is 2 years.
- Nurse home visitors housed at Allen, Beauregard, Calcasieu and Jeff Davis Parish Health Units

The Open Door, Faith Based Community Organization, Inc. 501(c)3

(337) 436-6700 Fax: (337) 436-6720 (3519 Patrick Street, Suite 150 Lake Charles, LA 70605)

- Resource for women in prison/jail and re-entering society in our locale
- One on one mentoring prior and post release in the Women's Correctional Services of the CPSO
- Offering 10 programs within the WCS focusing on Re-entry needs
- Life skills that parallel with MRT and financial literacy
- Classes on parenting and substance abuse offered to both women and men
- Open Mon. – Thurs., 9 am – 1 pm

310 Info, 2-1-1

Direct Dial 2-1-1 or 337-310-INFO (4636) or 1-866-310-INFO (4636) www.310info.org

- Call 310-INFO or 211 to find out about organizations in southwest and central Louisiana.
- Resource information is available 24 hrs/7 days a week; answering service after hours.
- Open Mon. – Fri., 8 am – 4:30 pm

SOAR (Steeds of Acceptance and Renewal) Therapeutic Riding Program

www.lakecharlestherapyhorse.com (6061 Tom Hebert Rd., Lake Charles, LA 70607)

- Therapeutic riding program which offers equine-assisted activities conducted by PATH certified instructors.

Social Security Administration 1-800-772-1213

Southwest Louisiana Abolitionists

(337) 570-9505 email: swlaabolitionists@gmail.com

- Anti-human trafficking organization
- Contact to arrange for someone to speak to a group or to assist with a rescue

St. Nicholas Center for Children

(337) 491-0800 Fax: (337) 491-0508 (2519 Ryan Street, Lake Charles 70601) www.stnickcenter.org

- Provides therapeutic, educational, and social services to children with autism, developmental delays, and neurological disorders and support to their families.
- Offer ABA(Applied Behavior Analysis) therapy, physical therapy, occupational therapy, Barton reading, spelling tutoring, social skills groups and speech therapy.

United Way of Southwest Louisiana

(337) 433-1088 & 1-888-433-1088 Fax: (337) 433-3679 (815 Ryan Street, Lake Charles 70601)
www.unitedwayswla.org

Transportation

Calcasieu Council on Aging Transportation

(337) 474-2583

- Seniors age 60 and older and disabled persons in Calcasieu Parish
- Priority given to non-emergency medical appointments on first come, first served basis
- Services free of charge but contributions are greatly appreciated

Calcasieu Parish Public Transit System

www.cppj.net (337) 721-4040 & Fax: (337) 721-4181 (1155 Ryan St., Suite A, Lake Charles 70601)

- An application is required to participate in special transportation services, which upon approval, can be scheduled with 48-hour advanced notice or more.
- Grocery Shopping Service available for ages 65 or over every 1st and 3rd Saturday of the month from 9 am to 11 am and 1 pm to 3 pm. Individuals limited to one destination per trip.
- Job access and reverse commute from 6am to 11 pm
- All based upon availability.

LogistiCare Solutions Medicaid Transportation (through Louisiana Healthcare Connections)

1-855-369-3723 (TDD/TYY 1-866-288-3133)

Louisiana Medicaid Transportation Program – Lake Charles Area

1-800-864-6034 for applications (Medical Alert System)

Southeast Transportation Medicaid Transportation

1-855-325-7565

Reduced Bus Rate Pass- City of Lake Charles Transit Division

(337) 491-1253 (1155 Ryan St., Lake Charles 70601)

- Hours of operation: Buses & Para-Transit – 5:45 AM to 5:45 PM (Closed some holidays)
- Disabled individuals are to provide their government issued disabled ID (obtainable from the Department of Motor Vehicles) to the driver when boarding. Disabled passengers ride for \$0.25.
- Passengers that receive Medicare Services must present their photo ID and their Medicare card to the driver when boarding. Medicare passengers ride for \$.25.
- Senior Citizens (65 and older) should bring their photo ID to the Transit Administration Building to get a senior citizens discount pass. Passengers must present this card to the driver when boarding to ride at the discounted rate of \$0.50.
- Students must present their school ID with their picture on it to the driver when boarding to ride at the discounted rate of \$0.50.
- Children under 3 years of age ride free & transfers between routes are free.

Volunteers Needed

Calcasieu Police Jury Human Services www.cppj.net

(337) 656-0839 (Ask for Angela Jouett)

- CPPJ Volunteers in Partnership & Service Program (VIPS) – individuals 55 and older who would like to volunteer
- Senior Volunteers through TRIAD Program (CIL & Buddy)
- Calcasieu Medical Reserve Corps, 337-249-1039 – medical and non-medical volunteers

Care Help of Sulphur www.care-help.org

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington, Sulphur 70663)

- Need volunteers.

Foreman-Reynaud Community Center

(337) 436-2509 Fax: (337) 436-9843 (215 Albert St., Lake Charles 70601)

- Call to assist with after-school homework program. Mon – Thurs, 3 p.m. to 5 p.m.

Habitat for Humanity

(337) 419-3677

- Volunteers needed weekly Tues. – Sat. at both the Restore from 10 am to 5 pm and the Construction Site from 8 am to 2 pm.

Hobo Hotel for Cats

Contact Volunteer Coordinator Debbie Watts at (337) 439-2428 or hobo.hotel@bellsouth.net

- Recruiting volunteers to assist with the temporary or permanent care of cats.
- Children's program available for children accompanied by an adult.

Lighthouse Ministries, Inc. www.lighthouseministriesinc.org

(337) 666-2678 & Fax: (337) 666-2679 (P.O. Box 130, 150 Lighthouse Lane, Reeves, LA 70658)

- Licensed as a Child Residential Center for ages 0 – 18. Focus is on pregnant teens who can live with their babies until age 18.
- Volunteers needed to teach new born parenting, hygiene, and life skills (cooking, cleaning, budgeting, thrift shopping)

Music Makers 2 U

(337) 244-9314 Contact: Eva LeBlanc @ emleblanc@yahoo.com

- Needs volunteers to assist in the coordination of instrument pairings.

USS Orleck Naval Museum

(337) 214-7447 (604 N. Enterprise Blvd., Lake Charles, LA 70601)

- Open Mon thru Fri – 10 am to 3 pm & Sat – 10 am to 4pm

Recruiting adult volunteers in the following areas (some positions appropriate for youth and family volunteers):

- Tour guides to lead 1 ½ hour tours
- Electricians, mechanics, welders, and carpenters
- Anyone agreeable to sweep and mop the decks, and vacuum the few areas that have carpet
- Anyone agreeable to dusting, and organizing - with care - the items on the ship
- Anyone agreeable to walking the parking lot to pick up trash
- People to assist in public events to man publicity booths
- Volunteers to monitor and assist with Laser tag parties

Volunteer Center of Southwest Louisiana

(337) 513-4616 or www.volunteercenterswla.org

- Individuals, families or businesses can access www.handsonswla.org about volunteering with local nonprofits in SWLA
- For assistance with local services and assistance, persons can assess information on www.310info.org

Veteran's Services

City of Refuge (Veteran's Homeless Shelter)

(337) 589-4407 & Fax: (337) 589-7829 (5899 Hwy 3112, Vinton 70668)

- For single male Veterans
- Please call ahead for availability.
- Hospitals or care facilities must call.

Disabled American Veterans

- Van to Alexandria - Call Paul Abbott at 1-800-375-8387 ext. 2709. Van leaves LCPD on Enterprise no later than 5:30 a.m.
- For claims assistance: on Thursdays between 12 and 2 p.m., DAV representatives will be at 5516 Hwy 90 E. on 1st & 3rd Thursday and in Sulphur on 2nd Thursday

Louisiana Department of Veterans Affairs Calcasieu and Beauregard Service Office

- Veterans Assistance Counselor
- Calcasieu Parish Courthouse Ground Floor (337) 491-2309 (1000 Ryan St., Lake Charles, LA 70601)
- DeRidder Office, War Memorial Civic Center (337) 463-7305 (250 West 7th St., DeRidder, La 70634)

National Suicide Prevention Lifeline/ Veteran's Crisis Line

1-800-273-8255 (TALK)

Supportive Services for Veteran Families – Volunteers of America Greater Baton Rouge

(225) 388-5800 Fax: (225) 388-9812

- Promotes housing stability among low-income veteran families who reside in or are transitioning to permanent housing.
- Required documents: DD124 and/or VA Medical Card, proof of income, copy of ID, SS Card, birth certificate on all household members, homeless verification letter and/or third party verification (if homeless), copy of lease and eviction or late notice (if pending eviction)

Veteran's Administration Community Based Outpatient Clinic

(318) 466-4500 (814 W. McNeese Street, Suite 100, Lake Charles 70605)

- Mon, 11 am – 7:30 pm; Tues, Wed, Thur, 8 am – 4:30 pm; Fri, 7 am – 3:30 pm.

Veteran's Affairs

1-800-827-1000 & www.va.gov Veteran's Crisis Line: 1-800-273-8255 (Press 1)

Veteran's Homeless Resource

1-877-424-3838 (Alexandria, VA)

W.B. Williamson American Legion Post 1

(337) 436-3300 (1530 Ninth St, Lake Charles, La 70601)

- Open Monday -Friday 9 a.m. -3 p.m.

William B. Guillory Post 370

(337) 436-2922 (2540 Miller Ave., Westlake, LA 70669)

Counseling Services

ABC Pregnancy Resource Center (Lake Charles) www.abcprc.com

(337) 433-2797 Fax: (337) 433-1334 (9 – 3 Mon, Tues, Wed & Fri; 9 – 5 Thurs)

Adoptions – Volunteers of America

(337) 497-0034 in Lake Charles & 1-877-291-6807 (24-Hour phone line)

Adult Protection

1-800-898-4910 Fax: (225) 342-9069

- Investigate abuse, neglect, exploitation and extortion of disabled people (ages 18 – 59)
- Will not accept cases by fax, only by phone

Alcohol and Abuse Helpline

(337) 480-0120

Alcoholics Anonymous

www.aa-swla.org (lists meetings in SWLA)

Allen Behavioral Health Clinic

(337) 639-3001 Fax: (337) 639-3008 (402 Industrial Dr., Oberlin 70655)

Allen Outreach

(318) 335-3578 Fax: (318) 335-3753 (Oakdale) www.allenoutreach.org

Alzheimer's Association

La. Chapter: 1-800-272-3900 www.alz.org

Community Pregnancy Center (DeRidder)

(337) 463-9500

- Tues. & Wed. 8:30 am – 3 pm

Beauregard Behavioral Health Clinic

(337) 462-1641 & Fax: (337) 462-1354

(106 W. Port St., DeRidder 70634)

Bridgeway Psychiatric Center

(337) 562-0211 Fax: (337) 562-0212 (3451 5th Avenue, Lake Charles, LA 70607)

Child and Adolescent Response Team

1-800-272-8367 (after hours, weekends and holidays)

- assistance for children and parents experiencing a crisis

Child Protection Hotline

1-855-452-5437

Fax: (337) 491-2654

Elderly & Adult Protection

1-800-898-4910 (Hotline) (337) 491-2815 Fax: (337) 491-2005 (1 Lakeshore Drive, Ste. 700, Lake Charles 70629)

- 8 – 4:30, Mon. – Fri.

Emmanuel Counseling Center

(337) 485-9564

Family & Youth Counseling

(337) 436-9533 Fax: (337) 439-9941 & www.fyca.org (220 Louie St., Lake Charles 70601)

HALOS (Healing After Loved Ones Suicide)

- Contact - halosswla@gmail.com
- Meets at 1st Tuesday of the month at 6 p.m., West Calcasieu Cameron Hospital Cafeteria
- Amy Johnson and Jody Barrilleaux, Facilitators

ImCal Children & Youth Services (Lake Charles Behavioral Health Clinic)

(337) 475-4950 Fax: (337) 475-4955 (3505 5th Ave., Suite C-1, Lake Charles, LA 70607)

- Open 8 a.m. to 4:30 p.m., Mon - Fri

Family Caregiver Support Groups

- A group of persons who meet together for fellowship and to share experiences, strengths, hopes and difficulties with each other so that they may solve common problems and help fellow caregivers. We have a facilitator and an educational speaker at each meeting. We meet at the following locations monthly:
- **The Gardens** – 3rd Wed. at noon, 1401 Country Club Rd., Lake Charles
- **Sulphur Senior Activity Center** – 3rd Thurs. at noon, 601 Maple St., Sulphur
- **Brookdale Senior Living** – 4th Tues. at 5:30 p.m., 2420 Country Club Rd., Lake Charles

Louisiana Center for the Blind

866-444-4496 Wendy Jackson

Lake Charles Behavioral Health Clinic

(337) 475-8022 or toll-free at 1-866-698-5304 Fax: (337) 475-8054 (4105 Kirkman Street, Lake Charles, LA 70607)

- Call or walk in for services.
- Mon. – Fri., 7:30 am to 4:30 pm
- Offering a variety of services including psychiatric and psychosocial evaluations and counseling, addictions counseling including alcohol, drug and gambling addictions, crisis intervention, medications management and more.
- Assisting indigent populations, Medicaid recipients and insured individuals.

McNeese Autism Program www.mcneese.edu/autism/

(337) 562-4246 Fax: (337) 562-4221 email: MAPCounseling@McNeese.edu

- Provides ABA (Applied Behavior Analysis) and “Super School” school and social skills preparatory program for individuals with Autism and other Developmental Disabilities.
- Provides Counseling treatment services for family members of those diagnosed with Autism and other behavior or developmental conditions, as well as individuals living with High Function Autism (HFA) or Asperger Syndrome.
- Medicaid Provider / Nonprofit Organization

McNeese State University Gambling Treatment Program **National Council on Compulsive Gambling**

(337) 475-5964

1-800-522-4700 Fax: (318) 220-7579

- FREE and CONFIDENTIAL outpatient treatment for problem gamblers and their loved ones.

New Life Counseling

(337) 474-7003/(800)712-4357 Fax: (337) 474-1282. (631 E. School Street Lake Charles, 70607)

- Appt only M-F 9 am -4 pm & Walk-ins MTW 9:30 am -2:30 pm

National Alliance for the Mentally Ill (NAMI) www.namiswla.org

(337) 433-0219 Fax: (337) 433-1860 (710 W. Prien Lake Rd., Suite 206, Lake Charles 70601)

- NAMI Achieving Wellness/Connections Support Group for adults with a mental illness meets 2nd and 4th Friday of each month from 11am – 12 pm at NAMI's Office 710 West Prien Lake Rd. Suite, 206, in Lake Charles.
- NAMI Family Support Group for families/friends of individuals with a mental illness diagnosis meets the 3rd Tuesday of each month at NAMI office from 6 pm to 7 pm.
- Mental Health Outreach Program to provide services to individuals seeking help for their family members or themselves.
- NAMI SWLA Warm Line (337-433-2500 – Open Mon. – Fri. from 9 a.m. – 4 p.m.) – Provides services to individuals seeking help for their family members or themselves.

National Suicide Prevention Lifeline/ Veteran's Crisis Line

1-800-273-8255 (TALK)

Rachel's Vineyard of SWLA by the Diocese of Lake Charles

(337)439-7400 Ext. 317 www.rachelsvineyard.org Contact: Marjorie Long

- Healing the pain of Abortion, One Weekend at a Time.
- M-F 8:30 a.m.-4:30 p.m.

Pregnancy Counseling – Volunteers of America

(337) 497-0034 in Lake Charles or 1-877-291-6907 (24-Hour phone line)

Oasis Safe Haven: Sexual Violence Program
(337) 494-7273 or 1-866-570-7273 Fax:(337) 436-8327

University United Methodist Church Circle Up Support Group www.universitymethodist.com
(337) 477-2003 Fax: (337) 478-8106 (3501 Patrick St., Lake Charles 70605)

- Faith based “CIRCLE UP SUPPORT GROUP” for consumers of mental health services.
- Meet every Wednesday night at 5:30 pm. Call the church office at 477-2003 to confirm that Circle Up is meeting before planning to attend.

Mental Health Services

Many of these providers are for-profit and may require payment for services. Some may take insurance, Medicaid or have a sliding scale for services; please ask about payment plans when scheduling service.

Addiction Disorders

Addiction Center for Treatment

Helpline: 1-800-210-6085 / Business line: 561-361-6608

Alcohol and Drug Treatment Referral

1-800-454-8966

Allen Parish Outreach/Oakdale ADC

(318) 335-3578 Fax: (318) 335-3753

Pathways – Joseph Briscoe Treatment Facility

(337) 433-3786 Fax: (337) 441-5998

Beauregard OBH

(337) 462-1641 Fax: (337) 462-1354 (106 W. Port Street, DeRidder, LA)

Brentwood Psychiatric and Addictive Treatment Services

(318) 678-7500/toll free (877) 678-7500 (1006 Highland Ave., Shreveport 71101) www.brentwoodbehavioral.com

Bridgeway Psychiatric Center

(337) 562-0211 Fax: (337) 562-0212 (3451 5th Avenue, Lake Charles, LA 70607)

Gulf Coast Behavior Services

(337) 263-0819 Fax: (337) 240-8397

- For disability services or Autism services for all ages
- Provide in-home Applied Behavior Analysis (ABA) Autism therapy services including 1 on 1 therapy, socialization, communication, and self-help skills, and parent/caregiver training.

Institute for Neuropsychiatry

(337) 477-7091 Fax: (337) 474-4552 (2829 4th Ave #150, Lake Charles, LA 70601)

Lake Charles Behavioral Health Clinic

(337) 475-8022 or toll-free at 1-866-698-5304 Fax: (337) 475-8054

Lake Charles Substance Abuse Clinic/Behavioral Health Group

(337) 433-8281 Fax: (337) 433-7938

New Beginnings of Lake Charles

(337) 855-9773 Fax: (337) 855-9776
145 Victoria Drive, Lake Charles, LA 70611

New Horizons Counseling Center

(337) 478-1411 Fax: (337) 562-1489
614 Esplanade St, Lake Charles, LA 70607

Resource Management Services

(337) 437-4014 Fax: (337)437-8283
1333 Common St. Lake Charles LA 70601

Resolutions Counseling Services, LLC

(337) 429-5129 Fax: (337) 214-2077
3501 5th Ave., Ste. A, Lake Charles, LA 70607

Townsend Addiction Treatment Center

(337) 216-7502 in Lafayette & 1-800-504-1714 (Crisis Hotline) Fax: (337) 216-7542
4540 Ambassador Caffery Dr., Suite 110, Lafayette, LA 70508

Counseling – Personal & Family

Behavioral Health Center – Lake Charles

(337) 475-8022 Fax: (337) 475-8054 (4105 Kirkman, Lake Charles 70607)

Chadha Medical Rural Health Clinic – DeQuincy

(337) 786-5007 Fax: (337) 786-5009

Christian Counseling Clinic

(337) 474-1218 Fax: (337) 474-2929
132 Arlington Dr., Lake Charles, LA

Counseling Services of Southwest LA

(337) 431-7194 Fax: (337) 431-7198
3711 Ernest St., Lake Charles, LA

Eddie Windham Family & Individual Counseling

(337) 565-1257 Fax: (337) 480-4067
300 E. McNeese, Ste 3A Lake Charles, LA 70605

Emmanuel Counseling Services

(337) 485-9564 (2409 2nd St., Lake Charles, LA 70601)

- Open 8 am – 6 pm

Family and Youth Counseling Agency

(337) 436-9533 Fax: (337) 439-9941 www.fyca.org (220 Louie Street, Lake Charles, LA 70601)

Grandberry Counselors

(318) 335-1930 (Oakdale 1st Baptist Church) Fax: (318) 335-0277 www.grandberrycounseling.org

Kay Doré Counseling Clinic at McNeese

(337) 475-5981 Fax: (337) 562-4221 www.mcneese.edu/kdcc

- Open all year Mon-Fri 8 am-5 pm, Sat 9 am -12; Professional services include: individual, family, adolescent, couple, marriage counseling services, and community workshops/training. Low, flat fee for services.

Lake Charles Clinical Trials

(337) 564-6405 (One Lakeshore Drive, Suite 1695, Lake Charles, LA 70629)

New Horizons Counseling Center

(337) 478-1411 Fax: (337) 562-1489 (614 Esplanade St, Lake Charles, LA 70607)

The Psychology Clinic – Lake Charles

(337) 474-2682 Fax: (337) 474-4601

Quit Now Smoking Cessation Counseling

www.quitwithusla.org 1.800.Quit.Now(784.8669; 24 hr line)

Rehab Services of SWLA

(337) 433-3292 Fax: (337) 433-3293 (751 Bayou Pines East, Ste C, Lake Charles, LA 70601)

- Specializing in mental health of children, adolescents and adults. **Medicaid recipients only.**

Resolutions Counseling

(337) 429-5129 Fax: (337) 214-2077

Shepherd's Way Counseling

(337) 478-1616 (710 W. Prien Lake, #104, Lake Charles 70601)

Restoration Counseling Services at Volunteers of America

(337) 497-0034 Fax: (337) 497-0229 (2119 Oak Park Blvd., Lake Charles 70601)

- Counseling services available by private pay on a sliding scale to community members.
- Specializing in anxiety, depression, communication skills, anger management, crisis counseling and stress management.
- Brief educational workshops for church staff also available.

Hospitals with Mental Health Programs

Allen Parish Hospital Recovery Unit

(337) 738-9460 or 1-800-737-2527 Fax: (337) 738-9496 (108 6th Ave., Hwy 190 W., Kinder, 70648)

Calcasieu Oaks

(337) 439-8111 Fax: (337) 439-1970
(2837 Ernest St., Lake Charles 70601)

Christus St. Patrick Hospital

(337) 436-2511 HR Fax: (337) 491-7769
(524 Dr. Michael DeBakey Dr., Lake Charles 70601)

Compass Health Inpatient Mental Health & Medical Detox Services

Intake for inpatient: (337) 269-7170; Residential Program: 1-888-640-5433 Fax: (337) 889-3733
Compass Recovery Center (Detox): (337) 261-6343

DeQuincy Memorial Hospital

(337) 786-3032 Fax: (337) 786-1219 (110 W. 4th Street, DeQuincy 70633)

Lake Charles Memorial Hospital

(337) 494-3000 Fax: (337) 494-3299 (1701 Oak Park Blvd., Lake Charles, 70601)

Oceans Behavioral Hospital – DeRidder

(337) 460- 9472 Fax: (337) 460-9473
1420 Blankenship Dr., DeRidder 70634

Oceans Behavioral Hospital – Lake Charles

(337) 474-7581 Fax: (337) 474-7565
4250 5th Ave., Lake Charles 70607

Psychiatrists

Advanced Psychiatric Services

(337) 310-0153 Fax: (337) 310-0202 (3501 5th Ave., Ste. A, Lake Charles 70607)

Bridgeway Psychiatric Center

(337) 562-0211 Fax: (337) 562-0212 (3451 5th Avenue Lake Charles 70607)

Gulf Coast Psychiatry

(337) 562-8100 Fax: (337) 562-8356

Institute for Neuropsychiatry

(337) 477-7091 Fax: (337) 474-4552

Lake Area Psychiatry

(337) 478-9331 Fax: (337) 478-9828 (333 Dr. Michael DeBakey Dr., Ste. 220, Lake Charles 70601)

Psychiatric Services of Lake Charles Memorial Hospital

(337) 494-3262 Fax: (337) 494-2087 (1701 Oak Park Blvd. 10 Tower Lake Charles 70601)

Medication Assistance and Physical Health or Disability Services

Advocacy Center

Primary# 1-800-960-7705 Fax: (504) 522-5507 (8325 Oak St., New Orleans 70118) www.advocacyla.org

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection of institutional resident's rights.
- Funded by state to provide legal assistance to people residing in nursing homes in LA, as well as residents 60 years and older in Orleans Parish.

Healthy Louisiana (Formerly Bayou Health)

1-855-229-6848 www.dhh.louisiana.gov

- How most of Louisiana's Medicaid and LaCHIP recipients receive health care services

Calcasieu Community Clinic

(337) 478-8650 Fax: (337) 478-6196 (McNeese State University campus Juliet Hardtner Hall)
(P.O. Box 91775, 550 East Sale Rd. Ste 217, Lake Charles, La. 70609)

- For low-income, working uninsured adults. One person in household needs to work at least 20 hours per week.
- Diabetes Management Program.
- Open Mon-Thurs 8-4; Fri from 8-12.

Children's Special Health Services (337) 480-2552 ext. 6040 & Calcasieu Parish Health Unit (337) 478-6020

Fax: (337) 475-8613 (Calcasieu Parish Health Unit 3236 Kirkman St., Lake Charles 70601)

- For children in Louisiana with special health care needs. A child with special needs is a child with a health problem that affects how they grow, move, and act; and a child who needs more health services than most other children.
- Open 8 a.m. – 4:30 p.m. Mon. – Fri. Call for eligibility information.
- Provide immunizations for all. 8 a.m. – 11 a.m. on Wednesdays

C.M.A.P. – Cenla Medication Access Program

318-443-7494 & 1-888-443-7494 and www.cmaprx.org Fax: (318) 448-4473

- Serving people over 18 who meet income guidelines and do not have Medicaid, Medicare or private insurance. Covers entire state of Louisiana. Open 8-12 & 1-5, Mon. – Fri.

Direct Care

(337) 436-5001 & Toll-Free 1-866-603-2273 Fax: (337) 436-5002 (3006 Common St., Lake Charles 70601)

- Non-profit agency that provides personal care services for persons of all ages within the autism spectrum and other developmental disabilities.

ImHealthy at Lake Charles Behavioral Health Clinic

(337) 475-8022 (4105 Kirkman Street, Lake Charles, LA 70607)

- Integrated behavioral health and primary care treatment services.
- Services include primary care disease management, medication assistance, tobacco cessation, weight management and wellness and care coordination.
- *Must be active in behavioral health services at the Lake Charles Behavioral Health Clinic to participate.*

Louisiana Developmental Disabilities Council www.laddc.org

(225) 342-6804 & 1-800-450-8108 Fax: (225) 342-1970 (P.O. Box 3455, 626 Main St., Ste. A, Baton Rouge, LA 70821)

Louisiana Rehabilitation Services

(337) 475-8038 Fax: (337) 475-8037 (3616 Kirkman St., Lake Charles 70607)

Toll Free: 800-520-0589 TTD# 337-475-8036

- Provides services to help persons with disabilities to obtain the job skills and other resources they need to get a job, keep a job and develop a career.

Nurse-Family Partnership

(337) 478-6020 ext. 6049 Fax: (337) 479-2522 (at Calcasieu Parish Health Unit - 3236 Kirkman St., Lake Charles, 70601) Contact: Sheila V. Schuetz, B.S.N., R.N., Region V Nurse-Family Partnership Supervisor

- Pre-natal and early childhood intervention program to improve the health and social functioning of income eligible, first-time mothers and their babies.
- First home visit must be initiated before 28 weeks gestation, and visits continue until child is 2 years.
- Nurse home visitors housed at Allen, Beauregard, Calcasieu and Jeff Davis Parish Health Units

Partners for Prescription Assistance

1-888-477-2669 www.pparx.org

- helps pay for medicine

OB Care Clinic of LCM Health Systems

(337) 562-0510 Fax: (337) 562-0810 (1420 18th street Lake Charles, La 70602)

- 8am to 4:30 pm Monday thru Friday
- Prenatal care from beginning to end of pregnancy
- Assist with Medicaid applications
- Run by Nurse Practitioners
- Taking new patients
- Babies delivered at LCMH Women Campus
- ***By appointment only***

Patient Advocate Foundation

1-800-532-5274 Fax: (757) 873-8999 www.patientadvocate.org

- Offers free help in navigating healthcare systems
- Assist with insurance, job & debt financial issues and assist patients with chronic life-threatening illness
- Mon–Thurs, 8 am–8 pm; Fri, 8:30 am–7:00 pm EST

Senior RX (a program of the Calcasieu Council on Aging)

(337) 474-2583 & 1-800-223-5872 Fax: (337) 474-6563 (3950 Hwy 14, Lake Charles, La. 70607)

- Assist **anyone over 21 years of age** with a chronic illness to obtain medication through manufacturers' assistance programs. (Even psychiatric medication may qualify.)

Southwest Louisiana AIDS Council (SLAC) Contact: Don

(337) 439-5861 & 1-800-256-5145 Fax: (337) 436-8713 (425 Kingsley St., Lake Charles 70601 – **New Address!**)

- ***Provides services for clients living with HIV/AIDS*** – HIV counseling, testing, teen education, case management, food pantry, support groups, transportation, dental and eye care. They also offer free community presentations.

Southwest Louisiana Center for Health Services - www.swlahealth.org

(337) 439-9983 Fax: (337) 439-8898 (2000 Opelousas St., Lake Charles 70601)

- Provides comprehensive health services, including primary and preventative health services for the uninsured, underinsured, and poverty-stricken populations in southwest Louisiana
- Mon. & Tues 8 am – 7 pm; Wed., & Thurs. 8 am – 5 pm; Fri. 8 am – noon. **Appointments only.**

@Southwest Louisiana Independence Center (@SLIC) www.slic-la.org

(337) 477-7194 & 1-888-403-1062 Fax: (337) 477-7198 (4320 Lake Street, Lake Charles, La 70605)

- **For Hearing Impaired:** Amplified Landline Phones and Hearing Aids provided by LCD (No cost if qualify)
- **For Deaf:** Interpreting Services provided by LCD
- **For Older Adults and Persons with Disabilities:** Advocacy, Information and Referral, Independent Living Skills Training, Peer Counseling, Transitioning, Supported Employment and DSW Services
- **Loaner Closet:** Gently Used (Community Donated) Medical Equipment for persons in need

Emergency Medication

Care Help of Sulphur www.care-help.org

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington St., Sulphur 70663)

- For Sulphur and Carlyss only. No pain medications or psychiatric medications will be accepted.

Catholic Charities

(337) 439-7436 Fax: (337) 439-7435 (1225 2nd Street Lake Charles 70601)

- Serves Allen, Beauregard, Calcasieu, Cameron and Jeff Davis parishes
- **No Narcotics Assistance, no pain medication, or no psych medication given.**
- Open Monday thru Friday 9 am - 4:30 pm. **Please call to make an appointment.**

Medical Facilities

Allen Parish Health Unit

(318) 335-1147 & Fax: (318) 335-2898 (145 Hospital Drive, P.O. Drawer 1121 Oakdale 71463)

- Tues & Thurs 8 – 4:30

Beauregard Parish Health Unit

(337) 463-4486 & Fax: (337) 462-2486 (216 Evangeline St., DeRidder 70634)

Calcasieu Parish Health Unit

(337) 478-6020 & Fax: (337) 475-8613 (3236 Kirkman St., Lake Charles 70601)

Cameron Parish EMS Services

(337) 542-4926 Fax: (337) 542-4924 (137 Oliver Rd., Cameron, LA 70631)

Christus St. Patrick Hospital www.christusstpatrick.org

(337) 436-2511 & Admin Fax: (337) 491-7157 (524 Dr. Michael DeBaKey Drive, Lake Charles 70601)

Dequincy Memorial Hospital www.dequincymemorial.com

(337) 786-1200 & Admin Fax: (337) 786-1219 (110 W. 4th St. Dequincy 70633)

Hackberry Primary Rural Health Clinic

(337) 762-3762 & Fax: (337) 762-3838 (1020 Main Street, Hackberry 70645)

- Mon, Tue, Thurs. 8 a.m.-5 p.m.; Wed 8 a.m. – 12 p.m.; Fri. 8 a.m. – 3 p.m.

Jeff Davis Parish Health Unit

(337) 824-2193 & Fax: (337) 824-0794 (403 Baker Street, Jennings 70546)

- 8 a.m. – 4:30 p.m., Mon., Tues., Wed., and Fri.

Jennings American Legion Hospital www.jenningsamericanlegionhospital.com

(337) 616-7000 & Admin Fax: (337) 616-7034 (1634 Elton Rd., Jennings 70546)

Lake Area Medical Center www.lakeareamc.com

(337) 474-6370 & Admin Fax: (337) 475-4143 (4200 Nelson Road, Lake Charles 70605)

Lake Charles Memorial Hospital www.lcmh.com

(337) 494-3000 & Admin Fax: (337) 494-3299 (1701 Oak Park Blvd., Lake Charles 70601)

Oakdale Community Hospital www.oakdalecommunityhospital.com

(318) 335-3700 & Admin Fax: (318) 215-3024 (P.O. Box 629, 130 North Hospital Dr., Oakdale 71463)

OB Care Clinic of LCM Health Systems

(337) 562-0510 Fax: (337) 562-0810 (1420 18th street Lake Charles, La 70602)

- 8am to 4:30 pm Monday thru Friday

South Cameron Memorial Hospital www.cameronmch.com

(337) 542-4111 & Fax: (337) 542-7180 (5360 West Creole Hwy., Cameron 70631)

Southwest Louisiana Center for Health Services www.swlahealth.org

(337) 439-9983 Fax: (337) 439-8898 (2000 Opelousas St., Lake Charles 70601)

- Mon. & Tues. 8am – 7 pm; Wed. & Thurs. 8 am – 5 pm; Fri. 8 am – noon. **Appointments only.**

Veteran's Administration Community Based Outpatient Clinic

(318) 466-4500 (814 W. McNeese Street, Suite 100, Lake Charles 70605)

- Mon, 11 am – 7:30 pm; Tues, Wed, Thur, 8 am – 4:30 pm; Fri, 7 am – 3:30 pm.

West Calcasieu Cameron Hospital www.wcch.com

(337) 527-7034 & Fax: (337) 527-4373 (701 Cypress St., Sulphur 70664)

W.O. Moss Memorial Health Clinic

(337) 480-8100 & Admin Fax: (337) 480-8104 (1000 Walters Street, Lake Charles 70607)

- Minor urgent care services WILL be available at Moss Memorial Urgent Care Clinic Mon – Sun from 8am - 8pm (Regular Moss Clinic open Mon – Fri from 7:30 am to 4 pm)
- All other services are being referred to Lake Charles Memorial Hospital

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